

**HAVING TROUBLES IN SCHOOL,  
NEED HELP NAVIGATING SOME  
THINGS, NERVES ABOUT  
COLLEGE, OR THE NEXT STEP**



*FEELING ALONE,  
MISUNDERSTOOD, LEFT OUT*

# OPEN SPACE NO FACE

**PSOF WITH THE NONSENSE AND HAVE REAL TALK  
CALLING ALL 9TH  
THRU 12TH GRADERS**

**HOSTING EVERY THURSDAY  
AT 4:30 PM TO 5:30 PM**

**CALL 267.279.9796  
EMAIL:  
UNITY@LITFITBODYNMIND.COM**



**IN SEARCH FOR CHANGE  
AND READY TO TAKE  
ACTION**



**INTERESTED IN PODCAST...  
HAVE THOUGHTS OF SOCIAL  
ISSUES, COMMUNITY,  
SCHOOLS, PROGRAMS,  
FUNDING, RESOURCES, FOOD  
INSECURITIES, JOBS ETC**

**LOGIN TO THE  
ZOOM LINK  
371 452 3367**



**CONNECT FOR  
CODE**

**YOU HAVE THE MIC TO  
SPEAK YOUR TRUTH**



**YOUR VOICE MATTER**